

## Fresh Start to Freedom

# Winning The War For Your Heart

Session 1 Tearing Down Spiritual Strongholds

Session 2 Putting On The Armor Of God

Session 3 Taking Every Thought Captive

Session 4 Escaping Temptation

Session 5 Exercising Your Spiritual Authority

Session 6 Wielding The Weapons Of Our Warfare

Session 7 Becoming Fully Alive



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### **BECOMING FULLY ALIVE**

I will say to the prisoners, 'Come out in freedom,' and to those in darkness, 'Come into the light.' They will be my sheep, grazing in green pastures and on hills that were previously bare."

- Isaiah 49:9 (NLT)

#### I. BECOMING FULLY ALIVE

#### A. IMPLIES A PROCESS

- 1. When Does It End?
- 2. What Does It Take?
- 3. You Can Be Free
- 4. It May Be Painful
- 5. Don't Settle For "Less-Than"

#### B. FREEDOM IN RELATIONSHIPS

1. Know Who You Are

II Corinthians 3:16-18

2. Live Forgiveness

Ephesians 4:32

3. Love Others (And Let Them Love You!)

#### C. GUARD YOUR HEART

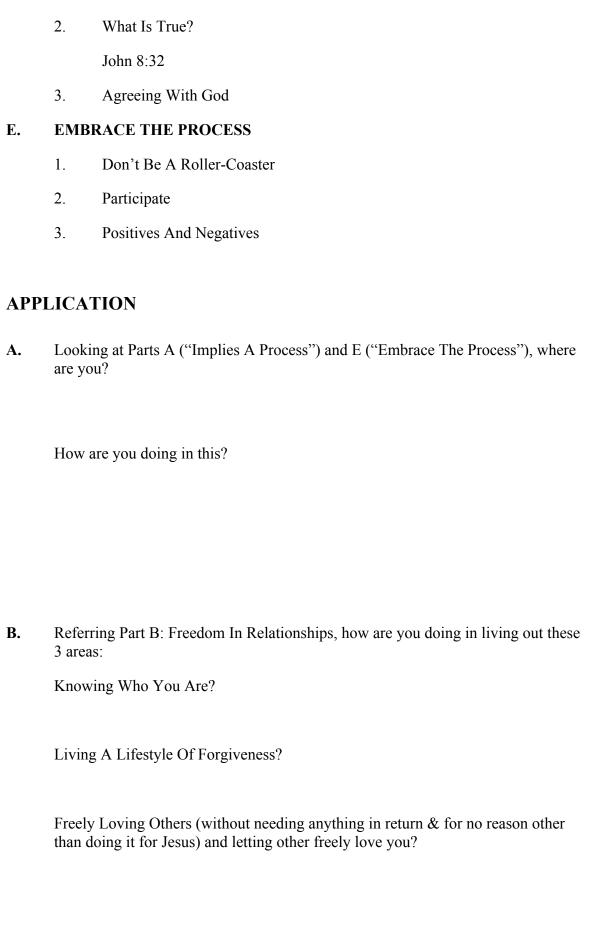
Proverbs 4:23

- 1. Don't Buy A Lie
- 2. Let Jesus Remove The Arrows

#### D. "FREEDOM ISN'T FREE"

1. What Are You Fighting For?

Proverbs 4:23 – Your Life Starts With Your Heart!



II.

C.	Explain how you are doing in truly guarding your heart (ABOVE ALL ELSE).
	If it's a struggle, why is that and what should you be doing differently?
D.	Referring to Part D: "Freedom Isn't Free", how are you doing in living in the truth of who you are (mainly, "agreeing with God")?
	If you are struggling, where is the major battle (your mind, living out of unresolved wounds, unbelief, holding onto Unforgiveness / bitterness, etc.)?
Е.	Thinking about your life and knowing that (even if you don't believe it yet or fully) God wants you absolutely free (His definition), would you be willing to pray the following, trusting the Father's good, gracious, compassionate, and loving heart for you:
"Lord, whatever it takes to break me & bring me to freedom, bring it into my life. If it is a 'negative' to me or if it is a 'positive', please bring it into my life. I know You will always give me the grace to walk through it & I know You will always bring good out of it, as I participate with You"	
If you struggle praying this, please share this challenge with a trusted person in your life so that he/she can pray for and with you so that you can come to a place of praying this and trusting God to bring you to a place of Becoming Fully Alive in Him.	