



## Fresh Start to Freedom

### Becoming Relationally Free Series

Session 1	Free To Be The Real You
Session 2	Freedom From The Real Problem
Session 3	The Price Of Freedom
Session 4	Free To Forgive
Session 5	Free To Reconcile
<b><i>Session 6</i></b>	<b><i>Free To Confront</i></b>
Session 7	Free To Love And To Be Loved



3571 W. Machen Drive Wasilla, AK 99654 907-373-7910  
P.O.Box 874693 Wasilla, AK 99687 [www.churchak.org](http://www.churchak.org)

# FREE TO CONFRONT

“...correct, rebuke and encourage – with great patience and careful instruction.”

II Timothy 4:2b (NIV)

## I. FREE TO CONFRONT

### A. RECONCILIATION MAY INVOLVE A NEED TO CONFRONT

1. II Timothy 4:2b
2. Matthew 18:15
3. Luke 17:3-4

### B. HOW TO CONFRONT ANOTHER PERSON

1. **Examine your heart** and repent of any judgmental attitude.  
Matthew 7:1-5
2. Forgive **before** you confront.  
Ephesians 4:31-32
3. Your **attitude** should include **wanting the best for the other person**, and wanting God to have His way with you and with the relationship.  
Philippians 2:3-4
4. Approach the other person **privately**.  
Matthew 18:15
5. Share your thoughts, feelings, and perceptions. Then, ask questions to give the other person an opportunity to respond, and also to **determine if you have perceived** the other person and the situation **accurately**.  
Proverbs 18:2, 13, 15, 17
6. If you proceed to confront the other person further, **don't “attack,” but let the Holy Spirit do the convicting**.
  - a. Ephesians 4:29
  - b. Ephesians 4:15
  - c. II Timothy 4:2b

7. **Maintain** your **attitude of forgiveness**, no matter what the response of the other person.

Matthew 18:21-22

8. **Don't make "agreement" the goal.** The other person may not agree with you to your satisfaction. Pray that the Lord will give both you and the other person "understanding," and that both of you will see the situation as the Lord sees it and "agree" with Him.

Proverbs 19:8

9. **Pray** that honesty, understanding, truth, forgiveness, love, and obedience prevail in both you and the other person.

Ephesians 4:25-32

10. Remember that **reconciliation will only take place if both you and the other person obey the Lord.** One person can "resolve" an issue in his/her heart, but it takes two to reconcile a relationship.

a. Matthew 18:21-22

b. Luke 17:3-4

## II. APPLICATION

- A. Please take a few moments and describe a past situation where you confronted another person. What was the outcome of that confrontation?
- B. Conversely, have you ever been confronted by someone else? How did you feel about that confrontation, and how would you describe the outcome?
- C. In light of this session, what have you learned about your approach, and God's desired outcome, for a biblical confrontation?

- D.** Is there someone you know you need to confront? Who? For what reason?
- E.** Are you willing to walk in forgiveness toward the other person even if they don't respond favorably to your confrontation?
- F.** Who, that you know and trust, would you be willing to contact to hold you accountable until you have obeyed the Lord in confronting this person?

## Free To Confront Scripture References Listed In Handout

### Matthew 18:15

"If your brother sins against you, go and show him his fault, just between the two of you. If he listens to you, you have won your brother over."

### Luke 17:3-4

"I am warning you! If another believer sins, rebuke him; then if he repents, forgive him. Even if he wrongs you seven times a day and each time turns again and asks forgiveness, forgive him."

### Matthew 7:1-5

"Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye."

### Ephesians 4:31-32

"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

### Philippians 2:3-4

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others."

### Proverbs 18:2, 13, 15, 17

**2** - "Fools care nothing for thoughtful discourse; all they do is run off at the mouth."

**13** - "Answering before listening is both stupid and rude."

**15** - "Wise men and women are always learning, always listening for fresh insights."

**17** - "The first speech in a court case is always convincing—until the cross-examination starts!"

### Ephesians 4:29

"Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ."

### Ephesians 4:15

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

### Matthew 18:21-22

"Then Peter came and said to Him, 'Lord, how often shall my brother sin against me and I forgive him? Up to seven times?' Jesus said to him, 'I do not say to you, up to seven times, but up to seventy times seven.'"

### Proverbs 19:8

"He who gets wisdom loves his own soul; he who cherishes understanding prospers."

### Ephesians 4:25-32

"Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body. 'In your anger do not sin': Do not let the sun go down while you are still angry, and do not give the devil a foothold. He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need.

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.