



Fresh Start to Freedom

Winning The War For Your Heart

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| Session 1 | Tearing Down Spiritual Strongholds |
| <i>Session 2</i> | <i>Putting On The Armor Of God</i> |
| Session 3 | Taking Every Thought Captive |
| Session 4 | Escaping Temptation |
| Session 5 | Exercising Your Spiritual Authority |
| Session 6 | Wielding The Weapons Of Our Warfare |
| Session 7 | Becoming Fully Alive |



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PUTTING ON THE ARMOR OF GOD

“A final word: Be strong in the Lord and in his mighty power. Put on all of God’s armor so that you will be able to stand firm against all strategies of the devil.”

Ephesians 6:10-11 (NLT)

I. PUTTING ON THE ARMOR OF GOD

A. PREPARING FOR BATTLE

Ephesians 6:10-11

B. IDENTIFYING YOUR ENEMY

Ephesians 6:12

C. DRESSED FOR BATTLE

Ephesians 6:13

1. The Belt Of Truth

Ephesians 6:14

2. The Breastplate Of Righteousness

Ephesians 6:14b

3. Your Feet Fitted With Readiness

Ephesians 6:15

4. The Shield Of Faith

Ephesians 6:16

5. The Helmet Of Salvation

Ephesians 6:17

6. The Sword Of The Spirit

Ephesians 6:17b

7. Prayer In The Spirit

Ephesians 6:18

II. DAVID'S ARMOR IN HIS STAND AGAINST GOLIATH

A. DAVID PREPARING FOR BATTLE

I Samuel 17:20-37

B. DAVID IDENTIFYING HIS ENEMY

I Samuel 17:4-11; 36-37

C. DAVID PUTTING ON THE ARMOR OF GOD, NOT THE ARMOR OF KING SAUL

I Samuel 17:38-45

D. DAVID DECLARING THAT THE BATTLE IS THE LORD'S

I Samuel 17:46-51

III. DRESSED TO STAND AGAINST YOUR ENEMY

EPHESIANS 6:14-18

A. "WITH THE BELT OF TRUTH BUCKLED AROUND YOUR WAIST"

1) You are accepted in the Beloved!

2) Ephesians 1:6 KJV

B. "WITH THE BREASTPLATE OF RIGHTEOUSNESS IN PLACE"

1) You are the righteousness of God in Christ Jesus!

2) II Corinthians 5:21

C. "WITH YOUR FEET FITTED WITH READINESS THAT COMES FROM THE GOSPEL OF PEACE"

1) Jesus is your readiness, for you can do all things through Him who strengthens you!

2) Philippians 4:13

D. “TAKE UP THE SHIELD OF FAITH WITH WHICH YOU CAN EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE”

1. You have the faith of the Son of God!
Galatians 2:20 (KJV)
2. No Weapon formed against you will prosper!
Isaiah 54:17
3. The causeless curse will not alight!
Proverbs 26:2

E. “TAKE THE HELMET OF SALVATION”

1. Jesus is your Salvation!
2. John 1:12-14

F. “TAKE THE SWORD OF THE SPIRIT”

1. The Word of God, The Truth will set you free!
2. John 8:31-32

G. “PRAY IN THE SPIRIT”

1. The Spirit intercedes for us!
2. Romans 8:26

IV. APPLICATION

- A.** Please refer to Part "III" of the outline. For the next two weeks, as you are getting dressed for the day, put on the Armor of God, in prayer, piece by piece. At the end of those fourteen days, write down in the space below the difference that it has made in your life, putting on the Armor of God daily.

Feel free to use the attached sheet, “Praying on the Armor of God” as a guide.

- B.** Seek out a trusted person in your life and share with them the difference that it has made in your life, putting on the Armor of God daily.

Praying on the Armor of God

Ephesians 6:10-17

I put on the helmet of salvation -

Father, I thank you for my salvation! Thank you for making me Your child and allowing me to come to you in Jesus' name. I claim all the victory of Jesus for my life today as my Redeemer and Deliverer. I have the mind of Christ. I am yielded, transformed, and renewed in Your Word. I cast down imaginations and my own ideas. I don't rely on my own insight, and I choose against worldly thinking. [Heb 5:9, Ps 140:7, 12:1-2]

I put on the breastplate of righteousness -

I thank you that when Jesus died for my sins, He covered them all with His blood so that I can be forgiven and cleansed. Search my heart for any unconfessed sin or anything that does not please you. I want to confess all sin as the offense against You that it is, and I choose to turn from it. Father God, You are righteous and just to judge sin, but You are also faithful to forgive and cleanse of all unrighteousness. I claim the blood of Jesus, which makes me right with You and covers and keeps my heart. Thank you that the power of sin was canceled on the cross, and I choose to repent of and renounce all sins. I want no works of the flesh to hinder or influence how I pray. [Rom 1:17, 1 Cor 1:30, 2 Cor 5:21]

I put on the belt of truth -

I want to know Your Word, which is truth, and be centered in it because You have promised that the truth will set me free in Jesus. I choose integrity, believing the truth, and speaking the truth. I reject all the enemy's accusations, temptations and suggestions. I stand against Satan's deceptions, accusations, and anything that would keep me from hearing Your voice. I will not believe any of the enemy's lies. [Ps 51:6, John 8:32, 36; 14:6, 16:13].

I put on the shoes of peace -

I want to be ready to march into any spiritual battle or maintain a firm stance of waiting as You direct. I want to be a good representative of the gospel wherever I go. I am not ashamed of the gospel of peace. I am willing to obey You instantly and completely in sharing the good news. Thank you that I am reconciled with You through the forgiveness of Jesus. I choose to forgive as I have been forgiven. As far as I know, I am at peace with everybody in my life . . . *[Pause here and let God show you if there is anybody you need to forgive and be reconciled to]*. I choose to be an instrument of peace today. I stand against strongholds of past grievances and hurts. Today, I choose to forgive, heal, restore, bless and be at peace with those whom I encounter. [Eph 2:14, Phil 4:13]

I take up the shield of faith -

I believe that You hear and answer prayer. I trust You to meet all my needs. I go forward in faith, quenching the fiery arrows of fear, doubt, inadequacy, and unbelief. Jesus is all the faith I need for every situation because He is the author and finisher of my faith. So today, I offer You a sacrifice of praise that You are the first cause and the last work of everything You allow to touch my life. [Gal 2:20, Rom 10:17]

I take up the sword of the Spirit, Your Word -

Jesus is Your Word living in me, and I choose to be filled with Your Spirit. I choose to order my life by Your Word. Fill my heart and my mouth with Your Word against all Satan's forces. Thereby, I give the Spirit His weapon, my only offensive weapon, which is authoritative based on Your covenant and Your character. I am listening to Your voice, assimilating Your Word into my life, and claiming Your promises because Your Word never returns to You voice or ineffectual. I choose this day to keep my eyes on Jesus and walk in Your Spirit. [Isa 55:11, John 1:1, 4; 6:63, 68]

Thank you, Father, for Your mighty weapons for invading the invisible. Today, I live and pray in complete dependence upon You. Let me be ready to experience You afresh and see Your Glory unhindered. I love You and trust You completely. In the name of Your son and my Lord - Jesus, I pray.