



Fresh Start to Freedom

Becoming Relationally Free Series

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| Session 1 | Free To Be The Real You |
| <i>Session 2</i> | <i>Freedom From The Real Problem</i> |
| Session 3 | The Price Of Freedom |
| Session 4 | Free To Forgive |
| Session 5 | Free To Reconcile |
| Session 6 | Free To Confront |
| Session 7 | Free To Love And To Be Loved |



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FREEDOM FROM "THE REAL PROBLEM"

"All of us like sheep have gone astray, each of us has turned to his own way; but the Lord has caused the iniquity of us all to fall on him."

Isaiah 53:6 (NASB)

I. "ME-FIRST" HAS MANY "FLAVORS"

A. PRIDE

1. Romans 12:3
2. Proverbs 3:7
3. James 4:1-10

B. FEAR OF MAN

Proverbs 29:25

C. IDOLATRY

1. Exodus 20:3
2. I John 5:21

D. JUDGING OTHERS

Matthew 7:1-5

E. JEALOUSY

1. Galatians 5:20
2. I Samuel 18:9

F. ANGER, RESENTMENT, BITTERNESS, HATRED, & UNFORGIVENESS

1. Galatians 5:20-21
2. Ephesians 4:26-32
3. Colossians 3:8
4. James 3:14-16

G. TRYING TO CONTROL LIFE

II. THE EFFECTS OF “ME-FIRST”

A. ON ONE’S SELF - affects the spirit, soul, and body

- a. Galatians 6:7-8
- b. Ezekiel 18:4
- c. Hebrews 12:15
- d. Proverbs 14:30
- e. I Chronicles 10:13
- f. Proverbs 11:19
- g. Luke 13:3

B. ON OTHERS & RELATIONSHIPS

- a. Rejection
- b. Hurt
- c. Broken relationships
- d. Division
- e. Confusion
- f. Injury
- g. Death

III. APPLICATION

- A.** How would you put into words what you believe God’s plan is for man?
- B.** How would you describe how man fell short of the beauty of God’s plan?
- C.** Can you identify any example(s) of “Me-First” in your life? Which one(s)?

D. How do you see this/these example(s) of “Me-First” affecting you & your life?

E. How do you believe this/these example(s) of “Me-First” is/are affecting others and your relationship with them?

F. How do you believe this/these example(s) of “Me-First” is/are affecting your relationship with God?

G. In light of your response to the above questions, would you be willing to turn from the way(s) that your life has been devoted to self and embrace the beauty of God’s plan for you - a life fully devoted to Him? If so, please write out your prayer of repentance to God.

The Effects Of “Me-First”

“FLAVORS”	YOU	OTHERS	GOD
Pride			
Fear of man			
Idolatry			
Judging others			
Jealousy			
Anger, resentment, bitterness, hatred, unforgiveness			
Trying to control life			