



Fresh Start to Freedom

Getting Your Whole Heart Back

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| Session 1 | Free From The Message Of The Arrows |
| <i>Session 2</i> | <i>Free From The Arrow Of Pride</i> |
| Session 3 | Free From The Arrow Of Shame |
| Session 4 | Free From The Arrow Of Fear |
| Session 5 | Free From The Arrow Of Rejection |
| Session 6 | Free From The Arrow Of Anger |
| Session 7 | Free From The Arrow Of Depression |



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FREE FROM THE ARROW OF PRIDE

“True humility and fear of the Lord lead to riches, honor, and long life.”

Proverbs 22:4 (NLT)

I. FREE FROM THE ARROW OF PRIDE

A. PRIDE - *AN ISSUE OF SIGNIFICANCE*

1. Romans 12:3
2. Philippians 2:3-11
3. James 4:10

B. PRIDE PERSONIFIED

1. Isaiah 14:12-14 (Satan)
2. Genesis 3:4-5 (Satan tempting Eve)
3. Daniel 4:28-37 (King Nebuchadnezzar)
4. I Samuel 18:6—I Samuel 19:1 (King Saul)

C. EVERY ARROW IS DIPPED IN THE POISON OF PRIDE

1. Pride
2. Shame
3. Fear
4. Rejection
5. Anger
6. Depression

D. THE MANY FACES OF PRIDE

1. Trusting in yourself vs. trusting in God.
2. Believing in yourself vs. believing in God.
3. Angry with yourself or hating yourself vs. submitting to God's sovereign will and letting Him define you.
4. Comparing yourself with others vs. being content with who you are.
5. Elevating yourself or putting others down.

6. Being judgmental or critical of others.
7. Being unforgiving of others.
8. Being jealous of others.
9. Trying to impress others.
10. Seeking to be served rather than serving others.
11. Being self-conscious.
12. Being shy vs. “getting out of yourself.”
13. Being arrogant.
14. Being vain.
15. Valuing being “right” more than being in right relationship.
16. Having an “entitlement” mentality.
17. Thinking you “deserve better” than this.
18. Having a demanding attitude.
19. Having a condescending attitude toward others.
20. Having a “know it all” attitude.
21. Being insecure.
22. Never willing to admit wrong.
23. Blaming others vs. taking responsibility.
24. Unwillingness to let yourself really be known.
25. Promoting yourself rather than giving God the glory and/or giving others credit for their part.
26. Putting yourself first (“Me First”) rather than putting God first and preferring others ahead of you.
27. Having a “poor me” attitude (self-pity)
28. Being “performance based” in living.
29. Being perfectionistic.
30. Needing to be the center of attention.
31. Being unteachable, defensive, and argumentative.

E. “MY NAME IS PRIDE”

A story from **Praying God’s Word** by Beth Moore

My name is Pride. I am a cheater.
I cheat you of your God-given destiny . . . because
you demand your own way.
I cheat you of contentment . . . because you
“deserve better than this.”
I cheat you of knowledge . . . Because you already
know it all.
I cheat you of healing . . . because you’re too full of
me to forgive.
I cheat you of holiness . . . because you refuse to
admit when you’re wrong.
I cheat you of vision . . . because you’d rather look
in the mirror than out a window.

I cheat you of genuine friendship . . . because
nobody’s going to know the real you.
I cheat you of love . . . because real romance
demands sacrifice.
I cheat you of greatness in heaven . . . because you
refuse to wash another’s feet on earth.
I cheat you of God’s glory . . . because I convince
you to seek your own.

My name is Pride. I am a cheater.
You like me because you think I’m always looking
out for you. Untrue.
I’m looking to make a fool of you.
God has so much more for you, I admit, but don’t worry . . .
If you stick with me
You’ll never know.

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II. APPLICATION

A. Referring to Part “D” of this session, (The Many Faces Of Pride), which ones can you identify with? (Please circle or list below)

B. For each face of pride you have circled, please answer the following:

1. How have **you** been affected?

2. How has your relationship with **others** been affected?

3. How has your relationship with **the Lord** been affected?

Please be thorough in answering these questions and use additional paper if necessary.

GOD’S ANTIDOTE FOR THE ARROW OF PRIDE:

HUMILITY AND THE FEAR OF THE LORD - AGREE WITH GOD AND

MAKE JESUS THE REASON!!!